

Engage

These activities and instructions can be found on the following pages

- I am Filled With Hope...
- Hope Cow Collage
- Hope Spiral
- Story Stones
- Finger Fidget / Fortune Teller
- Mad Libs
- Hand out an animal card for Kawvaw Cow

SENDING

Lighting the First Advent Candle

Today we light the first candle, the candle for Hope. It reminds us that Jesus brings hope into the world, even when it seems scary or when the problems in our world seem too big for us to handle on our own, and asks us to share that hope with others.

- Light one blue/purple candle and sit for a moment of silence.

Christ our Hope,

Shine in our lives with hope and promise.

Give us eyes to see so that we remain attentive in this holy season.

Remind us to look for you in small acts of kindness and love.

We await your coming with wonder.

Amen.

Closing Blessing

The following can be taught as an action prayer.

- Make a cross with two pointer fingers at the word 'Christ'. Then point to the body part indicated, and make a motion which signifies looking, listening, making, etc.

Christ be in our eyes and in our looking,

Christ be in our ears and in our listening,

Christ be in our hands and in our making,

Christ be in our minds and in our understanding,

Christ be in our hearts and in our loving.